



Distinctive Senior Living

CARE OPTIONS

Carefree Living Options

A personal health profile of each new Sunnybrook Village resident is developed by a registered nurse in conjunction with the resident's physician to determine the appropriate lifestyle package. Through this comprehensive process, the staff works closely with the resident, the resident's family, and medical professionals to determine if the resident's needs and wishes are best met with an independent- or assisted-living arrangement.

All living options at Sunnybrook Village include 24-hour staffing, 24-hour emergency system monitoring, scheduled transportation for medical and social needs, all utilities (with the exception of telephone and cable television service), and the use of all common rooms and facilities.

Independent Living

Independent-living suites are ideal for residents who are self-sufficient but who wish to live in a safe, secure environment. These residents may enjoy cooking and light housekeeping, but prefer to avoid the responsibilities of home upkeep and maintenance. Independent living includes the evening meal served in the elegant dining room overlooking Moose Pond.

Advantage Care Programs

Three levels of assisted-living care are available through Sunnybrook Village's Advantage Care Programs. A resident's level of care is determined by his/her ability to perform Activities of Daily Living (ADLs), such as dressing, bathing, walking, getting in and out of bed, eating, and toileting. Every resident's needs are unique, and they are addressed through a customized Advantage Care program. All three plans include three home-style meals served in the dining room, as well as snacks available around the clock.

The Advantage Care Plan

The Advantage Care Plan participants are active and are interested in participating in social events and programs. Typically, residents suited for this plan find it difficult to function optimally if living independently. Mobility may be somewhat restricted, or recent health issues may lead to a need for temporary or periodic health monitoring and ADL assistance.

The Advantage Care Plan includes general supervision in a protected environment, as well as medicine reminders and minimal assistance with daily grooming.

The Advantage Plus Care Plan

Advantage Plus Care Plan participants can generally perform most ADLs independently, but do require some assistance in daily living. These residents may require encouragement to participate in social and wellness programs and events.

The Advantage Plus Care Plan includes supervision with all ADLs, and moderate assistance with as many as four ADLs.

The Advantage Premier Care Plan

Advantage Premier Care Plan participants are often quite frail or impaired. They require most care services—up to six ADLs per day—on a regular basis.

The Advantage Premier Care Plan includes primary assistance in most or all daily-living activities.

Respite Care

Temporary respite care is also available at Sunnybrook Village. Respite care is ideal for seniors who may be recuperating from a hospital stay or illness. It's also an excellent opportunity for caregivers who must temporarily travel or attend to other needs and who wish to be assured that their loved one is being properly cared for while they're gone. Respite care is available on a daily or monthly basis.